



# Wake Up Call 911: It's Time To Reduce Your Risk For A Heart Attack And Stroke

*Rn-Bc, Phd, Jennie E. Johnson*

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Wake Up Call 911: Time to Reduce Your Risk for a Heart Attack and Stroke is the book for you. Written in simple language by an experienced cardiac nurse each chapter covers a major risk factor such as high blood pressure smoking excess weight and abnormal cholesterol.

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