



Calmer, Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time

Noel Janis-Norton

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Tired of nagging, pleading, negotiating, or yelling just to get your kids to do the simple things you ask? You don't need to be a Tiger Mom or a Helicopter Parent. There is a better way.

Calmer, Easier, Happier Parenting brings the joy back into family life and helps parents to raise confident, responsible adults.

Based on her forty-plus years of experience, behavioral specialist Noël Janis-Norton outlines a clear, step-by-step plan that will help any parent raise a child who is cooperative and considerate, confident and self-reliant. Transform your family life with these five strategies: Descriptive Praise, Preparing for Success, Reflective Listening, Never Ask Twice and Rewards and Consequences. You'll begin to see results almost immediately:

- Kids start cooperating the first time you ask
- Mornings, bedtimes, mealtimes and homework all become easier
- Even very resistant kids start saying "yes" instead of "no"

Full of examples and real stories from parents, this book gives you the complete tool-kit to achieve *Calmer, Easier, Happier Parenting*.

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From reader reviews:

Leo Osborne:

The reason why? Because this Calmer, Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will jolt you with the secret it inside. Reading this book next to it was fantastic author who write the book in such awesome way makes the content inside of easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of rewards than the other book possess such as help improving your talent and your critical thinking approach. So , still want to delay having that book? If I were you I will go to the guide store hurriedly.

Ruth Michel:

Playing with family in a very park, coming to see the sea world or hanging out with good friends is thing that usually you might have done when you have spare time, then why you don't try factor that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Calmer, Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time, you are able to enjoy both. It is fine combination right, you still wish to miss it? What kind of hang type is it? Oh can happen its mind hangout fellas. What? Still don't get it, oh come on its identified as reading friends.

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Delmar Stingley:

Some people said that they feel weary when they reading a guide. They are directly felt the idea when they get a half portions of the book. You can choose the particular book Calmer, Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time to make your personal reading is interesting. Your current skill of reading ability is developing when you similar to reading. Try to choose very simple book to make you enjoy to learn it and mingle the opinion about book and reading especially. It is to be initially opinion for you to like to available a book and study it. Beside that the publication Calmer,

Easier, Happier Parenting: Five Strategies That End the Daily Battles and Get Kids to Listen the First Time can be your new friend when you're sense alone and confuse in what must you're doing of that time.

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