



No Way Out But Through: One Man's Journey from Mental Illness to Clarity and Strength of Soul

Graham Aitchison

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After spending years oppressed by mental illness, Graham Aitchison was miraculously delivered. Today, he wants others to know that they, too, can enjoy relief and peace in Jesus Christ.

In *No Way Out but Through*, Graham exposes the wounds of his past to testify of God's faithfulness. He offers a glimpse into a mind in turmoil, exploring both the physical and spiritual aspects of mental illness and providing insight into the chaos that lies beneath the surface.

Whether you are struggling with mental illness or find yourself overwhelmed by the demands of everyday life, be encouraged--there is hope! *No Way Out but Through* will inspire you to seek God for the true restoration that only He can provide.

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