



Loved Back to Life: How I Found the Courage to Live Free

Sheila Walsh

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Loved Back to Life: How I Found the Courage to Live Free Sheila Walsh

Join Sheila Walsh on her journey from despair to joy

Beautiful and talented, Sheila Walsh was at the pinnacle of her career, appearing daily on television as cohost of *The 700 Club*. One day she found herself walking away from it all and checking in to a psychiatric hospital, where she stayed for a month.

From the outside everything seemed fine, but on the inside Sheila was in trouble. In her journal she wrote, "Lord, please hold me. I'm falling into a dark well. I feel as if I am disappearing a little more every day. I am so angry inside that I am afraid of myself. I feel so alone." How did this happen? What brought her to her knees?

Loved Back to Life takes readers on Sheila's journey of the soul from hopelessness to joy as she finds that although the road was scary, at every turn God beckoned her to follow and trust Him. And He did not let her down.

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