



# Keeping It Going, After 70 & Before

*Harriet Savitz*

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## **Keeping It Going, After 70 & Before** Harriet Savitz

"After a bout with cancer and becoming a widow, I found myself silent for more than a year, with nothing to say as a writer. Having previously written two dozen published books for children and young adults, I now thought I would never write again. It has been twelve years since I joined a support group so that I might be able to function.. Writing about my journey as a single woman and cancer survivor has helped me keep going. Every change in my new life soon became an essay, each victory or defeat a reason to dash to the computer and share the experience with someone who might benefit from my discoveries.. I am not the only one keeping it going in this book. Each week I meet with a dozen others who are keeping it going also. Most are over seventy years old and have survived health issues and personal life changes. All are choosing to write about them. In their writings, I find wisdom, humor, inspiration, frustration, and just plain good story telling. Each week we sit at a round table with notebooks and pens in hand. Each week we do not know what will be said or what ideas will be presented. Our writing adventure continues as it has for the past several years. We gain support and courage from each other as we travel down the road of unknowns. We invite you to join us." Harriet May Savitz is a contributor to fourteen Chicken Soup for the Soul books. Her book, "Run, Don't Walk," was made into an ABC Afterschool Special produced by Henry Winkler. Her essays appear in newspapers and magazines.

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