



# Many Roads One Journey: Moving Beyond the 12 Steps

*Charlotte Davis Kasl*

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**Many Roads One Journey: Moving Beyond the 12 Steps** Charlotte Davis Kasl

From the author of *Women, Sex, and Addiction*, a timely and controversial second look at 12-Step programs, helping all readers to draw on the steps' underlying wisdom, adapting them to their own experiences, beliefs, and sources of strength.

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