



101 Quick Passing Patterns

Stan Zweifel, Robert Leboeuf

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101 Quick Passing Patterns places a premium on protection and on routes that can be thrown on rhythm and tempo. The patterns are simple to teach, yet flexible enough to be used against any defensive coverage, and they can be applied in a variety of offensive schemes. Featured plays are organized by the type of pattern into which the primary route falls. Each description includes the specific route for each receiver, guidelines for the quarterback, and the pass protection call for the offensive line.

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