

Wealth of Information & Poverty of Attention: How to Stay Focused, Make Right Decisions, and Live a Balanced yet Productive Day While Dealing With Information Overload in Your Day to Day Life

Josh Brendan

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You're about to discover...

Existing in an era driven by excessive digital information offers an exhausting daily attempt to keep up with what's new, what's next, and what we have at present. It can get very tiring. It can get very frustrating. In fact, it can lead to a more significant set of behavioral and social problems that may escalate one day after the other.

Here Is A Preview of What You'll Learn...

- What is Information Overload and how does it affect our productivity
- How to avoid the analysis paralysis
- How to rediscover the fundamentals of living
- Understanding how brain works and how to boost up it's power
- How to refocus, reprocess and reorganize your thoughts.
- Much, much more!

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Tags: (Wealth of Information, Attention deficiency, How brain works, Organizing information, Productivity, Information Overload, Being effective and efficient)

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Cecil Atkins:

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