



Ice Cream

Benjamin Vear

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This mouth-watering book is brimming with delicious ice cream concoctions and iced wonders from the world of Ben Vear, expert on frozen delights. Over 100 recipes scale an impressive colourful rainbow of ice cream flavours and iced treats, including a fantasia of sorbets, gelatos, kulfis, lollies, frozen yoghurts, parfait and desserts. From chocolate and caramel, to citrus and berries, from botanical infusions, herbs and spices to alcoholic temptations; Ben has a recipe for every iced desire, including the best ways to transform the humble vanilla scoop into a show-stopper. Old favourites such as strawberries and cream and mint choc chip are revisited with simple twists, and different quirky flavours like earl grey, orange marmalade, birthday cake, candied bacon, and Guinness ice cream are alluringly refreshing. Easy step-by-step instructions show how to make the perfect ice cream base from which you can create your own experimental flavours. This exciting ice cream collection is completed with Ben's recipes for cones, nests and baskets. Lush, inventive photography by Mike Cooper captures not only the artistry and fun at the heart of Ben's kitchen, but also the magic and wonder of ice cream in the most visually arresting book ever published on the subject. The essential science, ingredients and equipment behind ice cream are explored, as well as a personal history of the ice cream dynasty that Ben hails from.

Winstones is one of the UK's longest running and most respected family ice cream producers, founded by Ben's great grandfather Albert Winstone in 1925 in the heart of the Cotswolds. All of the ice cream recipes in this book remain true to Albert's original base recipe, with flavours brought up to date by Ben.

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