

## The Pressure Cooker Cookbook: Over 150 Simple, Essential, Time-Saving Recipes

Catherine Phipps



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# From making all kinds of stock easily to turning out New York-Style Cheesecake with Salted Caramel—how to make the most of this indispensable time-saving, money-saving kitchen gadget

As a busy working mother, the author of this cookbook is wholly reliant on her pressure cooker to produce quick and easy one-pot meals for her family. Her authoritative guide is aimed at those who are new to pressure cookers as well as established fans. By cooking food at temperatures that are far higher than conventional ovens, pressure cookers drastically reduce cooking times, enabling meals to be made in a cheaper, healthier, and greener way. Pasta and rice can be made from scratch in less than 10 minutes, thrifty cooks can tenderize flavorsome cheap cuts in just 20 minutes, and pulses can be cooked without having to soak them. Alongside such mouthwatering recipes as Chicken with Red Peppers, Capers and Black Olives; Seafood Risotto with Fennel and Dill; Pulled Pork Sandwiches; Caribbean Smoked Ham and Lentil Soup; and Blueberry and Orange Blossom Clafoutis; this cookbook offers handy tips on how to adapt conventional recipes for the pressure cooker, safety ideas, and a guide to using certain ingredients. Includes metric measures.

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#### Judy Brown:

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#### Ann Conley:

Playing with family in a park, coming to see the sea world or hanging out with pals is thing that usually you could have done when you have spare time, then why you don't try matter that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love The Pressure Cooker Cookbook: Over 150 Simple, Essential, Time-Saving Recipes, it is possible to enjoy both. It is excellent combination right, you still want to miss it? What kind of hangout type is it? Oh can happen its mind hangout fellas. What? Still don't have it, oh come on its called reading friends.

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