



True Grits: The Southern Foods Mail-Order Catalog

Joni Miller

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Inspired by its Southern author's frustrating search for her favorite grits from her Northern home, *True Grits* is a Southern grocery store between two covers. This guide-a necessity for anyone with Southern roots or a fondness for Southern food-provides ordering information for more than 150 essential Southern ingredients and handmade specialty foods now available beyond the Mason-Dixon line. Now it's easy to stock our pantries with White Lily Flour, cans of Ro*Tel tomatoes, pickled okra, Goo Goo Clusters, ten different barbecue sauces, sweets from Kern's Kitchen Derby Pie to Warrenton Plum Pudding-and, of course, grits.

True Grits is also a fascinating journey into Southern culture, with food festivals, folklore, unusual recipes, nostalgia, and side-bars-the Dr. Pepper Story, how to handle a country ham, and more. Finally the larder of the South is open to kitchens across the country. Selection of the Book-of-the-Month Club.

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