

The Ultimate Audition Book for Teens Volume XII: 111 One-Minute Monologues - Just Comedy!

Kristen Dabrowski

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Hello, actors! As a professional actor for fourteen years now, I know how hard the search for the perfect monologue can be. A monologue should be immediate, active, and fun. You shouldn't mind having to say it over and over when you're practicing, auditioning, or performing it. You should be able to relate to it. This is difficult; most plays are written for adults. Where are you supposed to get monologues from then? This book.

Here are some tips on approaching monologues:

- 1. Pick the monologue that hits you. Trust your instincts. You'll pick the right one!
- 2. Make the monologues active. What do you want and how do you try to get it?
- 3. Who are you talking to and where are they? Make sure you make this as clear as possible.
- 4. Do you get answered or interrupted? Be sure to fill in words in your head for the moments when you are spoken to in the monologue, even if it's a simple yes or no.
- 5. How do you feel about the person or people you are talking to? For example, you speak a lot differently to your best friend than you do to your math teacher.
- 6. Notes about stage directions and terminology: The word beat or the start of a new paragraph indicates another character speaks or a new idea arises. Pause or other stage directions like shocked are suggestions, but do not need to be observed absolutely.

Final note: I absolutely encourage you to make strong character choices (how you walk and talk, and so forth). Comedy is best when it's rooted in real feeling, but the energy and character choices are bold. Once you've made character decisions, commit to your choices; don't hold back!

Enjoy!

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