

# The Couple's Guide To In Vitro Fertilization: Everything You Need To Know To Maximize Your Chances Of Success

Liza Charlesworth

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# The Couple's Guide To In Vitro Fertilization: Everything You **Need To Know To Maximize Your Chances Of Success**

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### The Couple's Guide To In Vitro Fertilization: Everything You Need To Know To Maximize Your Chances Of Success Liza Charlesworth

Despite the fact that it is an expensive, complex, emotionally draining, and often last-ditch fertility treatment, there are now over 250,000 couples who consider in vitro fertilization (IVF) every year; more than 125,000 couples decide to undergo it. While dry, clinical information is available, there is a gaping need for sisterly advice from someone who's been through the process herself. From evaluating care and preparing for the complicated process to understanding egg retrieval and embryo transfer; from tips on taking medications and coping with hormonal surges to dealing with the emotional aspects of the grueling IVF process, Liza Charlesworth's The Couple's Guide to In Vitro Fertilization offers knowing, sensitive counsel. Full of hardwon personal wisdom and the most up-to-date medical information explained in layman's terms, this invaluable guide is sure to become recommended reading for couples trying to conceive and their families alike.



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