



Help for Your Fearful Dog: A Step-by-Step Guide to Helping Your Dog Conquer His Fears

Nicole Wilde

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Is your dog afraid of strangers? Would he rather hide than play with other dogs? Does he take cover at the sound of thunder, or cringe when you pick up a brush or nail clippers? Never fear! Whatever your dog is afraid of, this comprehensive guide to the treatment of canine anxiety, fears and phobias can help. Topics include learning how to read your dog's stress signals; how your attitude affects your dog's behavior; how to set up a Firm Foundation program at home; how to establish leadership so your dog will feel more secure; the influence of good nutrition and regular exercise on your dog's fear issues; four essential skills to teach, and how to apply them in everyday life; and much more. Written by a professional trainer/behavior consultant of over 20 years who specializes in fear issues, the book includes easy-to-follow, step-by-step behavior modification programs that really work. 15 specific fears are addressed, including those of people, other dogs, sounds, touch, nail-clipping, riding in the car, and being left alone. Get advice on products and cutting-edge complementary therapies that can help to calm your cautious canine. Filled with photographs, illustrations, and over 400 pages of specific, immediately useful advice, written in a down-to-earth and humorous style.

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Iris Wright:

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Chris Wolf:

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