



Life is What You Make it

Ms. Preeti Shenoy

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What would you do if destiny twisted the road you took? What if it threw you to a place you did not want to go? Would you fight, would you run or would you accept? Set across two cities in India in the early eighties, 'Life is what you make it' is a gripping account of a few significant years of Ankita's life. Ankita Sharma has the world at her feet. She is young, good-looking, smart and has tonnes of friends and boys swooning over her. College life is what every youngster dreams of and she also manages to get into a premier management school for her MBA. Six months later, she is a patient in a mental health hospital. How did Ankita get here? What were the events that led to this? Will she ever get back her life again? Life has cruelly and coldly snatched that which meant the most to her and she must now fight to get it all back. It is a deeply moving and inspiring account of growing up, of the power of faith and how determination and an indomitable spirit can overcome even what destiny throws at you. A tale, at its core a love-story that makes us question our beliefs about ourselves and our concept of sanity and forces us to believe that life is truly what one makes it.

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