



Remind Me Why I'm Here: Sifting through Sudden Loss of Memory and Judgment (People with Disabilities Press)

Diana Lund

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It is one matter to forget things when you have a million thoughts flooding your mind and quite another to forget when your head is as empty as a looted store.-from Remind Me Why I'm Here
In the spring of 1996, Diana Lund was a top-ranked project manager in her mid-thirties when a car accident instantly changed her personality and her life's direction. Thrust into short-term memory loss and cognitive deficit, self-perception kept colliding into reality. Neurologists underestimated her difficulties; they sent her back to work, to manage multi-million dollar contracts, in a mentally compromised state. Beyond an account of devastating internal transformation, Remind Me delves into neurological research and trends. Lund pushes her intellect to its limit to unravel mysteries about her brain and accident. And on her quest to become whole again and to understand the neurological world, she discovers hope. "A topic that could be dense and heavy becomes a page turner. Even sophisticated professionals can relate to the freshness of observations . . ." -Leonard Diller, PhD, Prof. of Rehabilitation Medicine, NYU School of Medicine; Director of Psychology, Rusk Institute of Rehabilitation Medicine "A superbly written volume . . . illustrating . . . that even so-called minor brain injuries can produce functionally incapacitating cognitive and neurobehavioral impairments . . ." -Yehuda Ben-Yishay, PhD, Prof. of Clinical Rehabilitation Medicine, NYU "Essential reading for clinicians, families, and counselors." -Marilyn Lash, MSW, Partner, Lash and Associates Publishing/Training, Inc.

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