



The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness

Winsome Campbell-Green

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The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness is the 5th book written by author Winsome Campbell-Green which seeks to help women, men, boys, girls, and especially singles, with some of the fundamental secret rules to self-love. Written with surprising honesty and empathy, the author Winsome discloses her own personal pathway to becoming the strong and empowered woman she is today and some practical tips and exercises that you can do to be happier.

How do you use this book?

You can read this book as many times as you wish until you begin to put the lessons into practice. This is a quick read that will fire up your self-esteem, change your attitude from negative to positive and leave you feeling refreshed and happy. Why continue to beat yourself up? Get a copy of this personal keepsake that will change your life and fire up your happiness.

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