Handbook of Diagnosis and Treatment of DSM-IV-TR Personality Disorders

Len Sperry

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The second edition of this classic handbook includes the latest developments in the diagnosis and treatment of personality disorders that have emerged since the publication of the DSM-IV-TR. Sperry highlights the many significant advances in the field, providing the reader with a complete summary of new intervention strategies, treatment approaches, and research findings. In addition, this text includes greater coverage of Borderline Personality Disorder and presents an introduction to the diagnostic schema likely to be adopted by the DSM-V.

The Handbook is at once comprehensive and concise, offering integrative assessment and treatment strategies as well as theoretical overview for the full range of personality disorders. Its reader-friendly style and organization and make it an authoritative and accessible resource for clinicians and students of all mental health disciplines.

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