



# **Autism Every Day: Over 150 Strategies Lived and Learned by a Professional Autism Consultant with 3 Sons on the Spectrum**

*Alyson Beytien*

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## **Autism Every Day: Over 150 Strategies Lived and Learned by a Professional Autism Consultant with 3 Sons on the Spectrum** Alyson Beytien

Stemming from a wealth of both professional and personal experience, this guidebook combines real-life stories of challenges and successes with practical ideas for handling autism, every day. Autism consultant Alyson Beytien outlines over 150 tried-and-true techniques for home, school, and community.

Alyson's three boys cover the whole spectrum of autism—Asperger's syndrome, high-functioning autism, and classic autism. She understands the wide range of needs these children have and has discovered what helps and what hinders. Covering a full gamut of issues—from picky-eating and echolalia to IEPs and “The Woes of Walmart”—Alyson's ideas and interventions will inspire and inform all those who are connected to a person with autism.

Alyson believes that each day brings more opportunities to learn, problem-solve, and celebrate the joys that children with autism bring to our world—after all, today's crisis is tomorrow's humor. Her family's motto will soon become your everyday mantra: “Improvise and Overcome!”

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