



# **Dukan Diet Chicken Recipes: 25+ Low Carb Chicken Recipes for Attack and Cruise Phase (Dukan Diet Recipes Book 1)**

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25 delicious and scrumptious low carb chicken recipes for the Dukan Diet, Attack and Cruise Phase. Plus, bonus complimentary gravy/sauce recipes to put a new spin on chicken. Enjoy recipes that are healthy, economical and easy to prepare. Using basic ingredients that you already have in your kitchen, these recipes are real dollar stretchers. Use the table of contents to easily navigate from recipe to recipe. These are easy recipes with a southern flare that you can enjoy on your way to good health.

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